

Fall – Pender Adult Services Upcoming Senior Center Events

Active Aging Week-Promoting Healthy Aging

September 23 – 27, 2013 (FF)

Falls Prevention Day – Tuesday, Sept 24th

Intergeneration Exercise – Thurs, Sept 26th, 11am (HP)

Flu Shot Clinics

October 2, 2013 – Heritage Place (sign up for appt)

October 8, 2013 – Topsail Senior Center

Medicare Open Enrollment

October 15 – December 7, 2013

Call now and make an appointment to review your current coverage and make any changes to your health and prescription drug coverage for 2014

Topsail Craft Show

Sat, Oct 19, 2013 (TSC) 8:30 – 2:30

NC State Fair Day Trip - Full

Tues, Oct 22, 2013 – waiting list only

Trip departs from Hampstead @ 6:45 am – Burgaw @ 7:15 am

Veterans Grief Support Group

Wed, Oct 23, 2013(HP) 2:00 pm – 4:00

Wed, Oct 30, 2013(TSC) 2:00 pm – 4:00

Led by LCF Hospice

Seniors Halloween Party

Tues, Oct 29, 2013 (TSC) 10:30 am

Thurs, Oct 31, 2013 (HP) 10:30 am

Myrtle Beach Shopping Trip

Tues, Nov 19, 2013

\$22 per person, space still available

NYC Trip

Dec 4-7, 2013

Waiting list only



RSVP Perks-(first week of month)

Tues, Oct 1, 2013 (HP) 9:00 am

Wed, Oct 2, 2013 (TSC) 9:00 am

Wellness Checks

Mon, Oct 7, 2013(FF) 4:00 pm

Wed, Oct 2, 2013 (FF) 9:30 am

Tues, Oct 8, 2013(TSC) 9:30 am

Support Groups

Blind Support Group (HP)

Meets 2nd Wed at 1:00

Wed, Sept 11, 2013 at 1:00 pm

Wed, Oct 9, 2013 at 1:00 pm

Alzheimer Support Group (HP)

Meets 4th Thurs at 11:30

Thurs, Sept 26, 2013 at 11:30 am

Thurs, Oct 24, 2013 at 11:30

Silent Auction

Thurs, Nov 14, 2013

Tickets Available Soon,

Items needed

